

# Clean Eatz Kitchen December 2024 Menu Item Descriptions (11/27/2024)

Each meal case contains 30 individually packaged meals or pizzas that are packed with dry ice. The case will weigh about 25 lbs upon arrival. Immediately place meals in the freezer. Wholesale Boxes are intended for retailers. Therefore, if we are out of an item listed, it will be substituted without notification. <u>https://www.cleaneatzkitchen.com/collections/wholesale</u>

# Hall of Fame (HOF) - 810142582162

- (5) The Arnold Bowl (Calories 390 Fat 14g Carbs 38g Protein 28g) Beef, green peppers and mushrooms over brown rice with mozzarella cheese and Clean Eatz Buffalo Sauce
- (5) Buffalo Chicken Mac and Cheese (Calories 430 Fat 12g Carbs 35g Protein 47g) Diced chicken in buffalo sauce with a side of mac and cheese
- (5) Cheeseburger Bowl (Calories: 450 Fat 17g Carbs 49g Protein 26g) Ground beef in BBQ sauce with chopped red onion and dill pickle chips with Monterey jack cheese over brown rice
- (5) Chicken Adobo (Calories: 410 Fat 9g Carbs 40g Protein 42g) Chicken, corn and peppers in an adobo sauce over an ancient grains blend
- (5) Street Corn Chicken- (Calories: 310 Fat 5g Carbs 36g Protein 31g) Chicken with creamy, Mexican corn and red potatoes
- (5) Sweet-N-Sour Chicken (Calories: 360 Fat 7g Carbs 50g Protein 22g) Breaded chicken tossed in sweet n' sour sauce with a side of broccoli

## Clean Box A (CBA) - 851721008604

- (5) A1 Beef Bowl (Calories 340 Fat 9g Carbs 35g Protein 29g) Beef with peppers and onions in A1 sauce over brown rice
- (5) Aussie Chicken (Calories 470 Fat 16g Carbs 48g Protein 34g) Honey mustard chicken with bacon, cheddar cheese, and broccoli over mashed potatoes
- (5) Buffalo Chicken Loaded Wedges- (Calories 350 Fat 12g Carbs 30g Protein 29g) Chicken in a creamy buffalo sauce over potato wedges with green beans
- (5) Garlic Parm Chicken- (Calories 420 Fat 19g Carbs 36g Protein 26g) Popcorn chicken with green beans in a garlic parmesan sauce with parmesan cheese over a kale and quinoa blend
- (5) General Tso's Chicken (Calories: 350 Fat 8g Carbs 43g Protein 27g) Tempura chicken with stir-fry vegetables in general Tso's sauce over brown rice
- (5) Turkey Burnt End Nachos (Calories: 410 Fat 16g Carbs 39g Protein 28g) Turkey burnt ends over sweet potato fries with edamame, carrots and queso



## Clean Box B (CBB) - 851721008611

- (5) Cowboy Shepherd's Pie (Calories: 350 Fat 11g Carbs 35g Protein 27g) Shredded beef over mashed potatoes with corn, onion straws, cheese and BBQ sauce
- (5) Creamy Pesto Tortellini (Calories: 480 Fat 17g Carbs 45g Protein 37g) Cheese tortellini with diced chicken in a creamy pesto sauce with broccoli
- (5) Monterey Chicken (Calories: 380 Fat 10g Carbs 36g Protein 37g) Chicken and bacon tossed in BBQ sauce with broccoli and cheese over red potatoes
- (5) Poblano Popper Chicken (Calories: 340 Fat 8g Carbs 36g Protein 30g) Chicken and bacon in a creamy, spicy sauce with brussels and red potatoes
- (5) Smokehouse Chicken Bowl (Calories 315 Fat 11g Carbs 28g Protein 26g) Pulled chicken, chipotle peppers, and corn over sweet potatoes with a ranch drizzle
- (5) Teriyaki Beef (Calories 440 Fat 13g Carbs 48g Protein 32g) Beef in teriyaki sauce with broccoli and carrots over brown rice

## Mac & Cheese Box -

- (5) BBQ Beef Mac & Cheese (Calories: 430 Fat 15g Carbs 40g Protein 30g) Shredded beef in BBQ sauce with mac & cheese
- (5) Buffalo Chicken Mac & Cheese (Calories 430 Fat 12g Carbs 35g Protein 47g) Diced chicken in buffalo sauce with a side of mac & cheese
- (5) Hot Honey Chicken Mac & Cheese (Calories: 430 Fat 14g Carbs 52g Protein 24g) Chicken chunks in hot honey sauce with mac & cheese
- (5) Philly Steak Mac & Cheese (Calories 450 Fat 10g Carbs 37g Protein 33g) Shredded beef, peppers and onions topped with mozzarella cheese served with mac & cheese
- (5) Pizza Mac & Cheese (Calories: 410 Fat 13g Carbs 40g Protein 34g) Chicken sausage and pepperoni in tomato sauce over mac & cheese
- (5) Turkey Burnt End Mac & Cheese (Calories: 440 Fat 10g Carbs 40g Protein 28g) Turkey burnt ends in BBQ sauce with pickled onions and mac and cheese

#### **Breakfast Box (BB)** - <u>851721008086</u>

- (10) Huevos Rancheros Bowl (Calories: 350 Fat 18g Carbs 32g Protein 16g) Fried eggs over roasted potatoes with salsa and creamy guacamole
- (10) Hash Brown Stack (Calories 440 Fat 24g Carbs 32g Protein 25g) Egg omelet with bacon over hash browns in a light gravy
- (10) Chicken & The Egg Bowl (Calories: 390 Fat 18g Carbs 38g Protein 20g) Scrambled eggs, chicken nuggets and hash browns with a sprinkle of cheese



## **Basic Box (BAS)** - 850020143788

- (5) Basic Beef and Red Potatoes (Calories: 330 Fat 10g Carbs 30g Protein 30g) Shredded beef, green beans, and red potatoes
- (5) Basic Beef and Rice (Calories: 370 Fat 8g Carbs 44g Protein 31g) Shredded beef and brown rice
- (5) Basic Beef and Sweet Potatoes (Calories: 310 Fat 11g Carbs 29g Protein 24g) Shredded beef, green beans, and sweet potatoes
- (5) Basic Chicken and Sweet Potatoes (Calories: 250 Fat 3g Carbs 27g Protein 28g) Diced chicken, broccoli, sweet potatoes
- (5) Basic Pulled Chicken & Red Potatoes (Calories: 300 Fat 10g Carbs 27g Protein 25g) Pulled chicken, green beans, potatoes
- (5) Basic Pulled Chicken & Rice (Calories: 300 Fat 10g Carbs 27g Protein 25g) Pulled chicken, green beans, brown rice

#### **Extra Protein Box (XL)** - 850020143283 - EXTRA 2 OUNCES OF PROTEIN

- (5) XL A1 Beef Bowl (Calories 410 Fat 12g Carbs 37g Protein 41g) Beef with peppers and onions in A1 sauce over brown rice
- (5) XL Buffalo Chicken Loaded Wedges (Calories 410 Fat 13g Carbs 33g Protein 40g) Chicken in a creamy buffalo sauce over potato wedges with green beans
- (5) XL Creamy Pesto Tortellini (Calories: 540 Fat 18g Carbs 48g Protein 48g) Cheese tortellini with diced chicken in a creamy pesto sauce with broccoli
- (5) XL Cowboy Shepherd's Pie (Calories 420 Fat 15g Carbs 35g Protein 35g) Shredded beef over mashed potatoes with corn, onion straws, cheese and BBQ sauce
- (5) XL General Tso's Chicken (Calories 430 Fat 10g Carbs 50g Protein 34g) Tempura chicken with stir-fry vegetables in general Tso's sauce over brown rice
- (5) XL Monterey Chicken (Calories 450 Fat 12g Carbs 38g Protein 45g) Chicken and bacon tossed in BBQ sauce with broccoli and cheese over red potatoes

## **7.5"** Protein Pizzas (PZZA) - 850043326038

- (30) Buffalo Chicken (BUFFPZZA30) (Calories 470 Fat 18g Carbs 55g Protein 23g) Cauliflower crust pizza with chicken in buffalo sauce and mozzarella cheese
- (30) Carnitas Street Taco (CSTPZZA30) (Calories 470 Fat 19g Carbs 52g Protein 24g) Cauliflower crust pizza with carnitas, enchilada sauce, caramelized onions and pepper jack cheese
- (30) Cheese (CHZPZZA30) (Calories 470 Fat 15g Carbs 54g Protein 25g) Cauliflower crust pizza with tomato sauce and mozzarella cheese
- (30) Variety Pizza Box (VARPZZA)

10 Buffalo Chicken, 10 Carnitas Street Taco, and 10 Cheese Pizzas



# Protein PB&J

Each wholesale case has 8 retail-ready cartons that have 14 individual PB&J in each carton. PB&J are retailed individually. Products can be stored frozen or refrigerated.

(112) Grape PB&J (WSGRAPEPBJ) - (Cal 200 F 9g/C 19g/P 11g) - 10850032383889

8 Cartons of whole grain bread with protein peanut butter and low-sugar grape jelly

- (112) Strawberry PB&J (WSSTRAWPBJ) (Cal 200 F 9g/C 19g/P 11g) <u>20850032383091</u> 8 cartons of whole grain bread with protein peanut butter and low-sugar strawberry jelly
- (112) Variety PB&J Case (WSVARPBJ) <u>00810142589482</u>

4 Cartons of Grape and 4 Cartons of Strawberry

## **Empanadas**

Each wholesale case has 9 retail-ready cartons that have 9 individual empanadas in each carton. Empanadas are retailed individually. Product should be stored frozen.

- (81) Beef & Cheese Empanada (WSBCEMPA) (Cal 240 F 12g/C 19g/P 14g) <u>0085003238399</u> Ground beef and cheese in a flaky crust
- (81) Pepperoni Pizza Empanada (WSPPEMPA) (Cal 330 F 23g/C 17g/P 15g) <u>00850032383981</u> Mozzarella cheese, pizza sauce and pepperoni in a flaky crust
- (81) Southwest Chicken Empanada (WSSWCKEMPA) (Cal 230 F 11g/C 21g/P 10g) -Seasoned chicken beans, roasted vegetables and cheese in a flaky crust
- (81) Empanada (WSTURKEMPA) (Cal 230 F 12g/C 16g/P 12g) -Turkey breakfast sausage, egg, and cheese in a flaky pocket crust
- (81) Variety Empanada Case (VAREMPA) <u>00810142589475</u> Choose 3 flavors of 27 Empanadas totaling 81 units.